

# Pakistan Journal of Physiology

## INFORMATION FOR AUTHORS

*Pakistan Journal of Physiology agrees to accept manuscripts prepared in accordance with the 'Uniform Requirements for Manuscripts Submitted to Biomedical Journals' updated in October 2004 and available at [www.icmje.org](http://www.icmje.org)*

Pak J Physiol receives Original Articles, Review Articles, Case Reports, Short Communication, Letters to Editor, etc. on all physiological topics and medical education. Manuscripts are received for consideration if neither the article nor any of its contents has been or will be published or submitted elsewhere before appearing in the Pakistan Journal of Physiology (PJP). Please submit the article on Open Journal System (OJS) at <http://pjp.pps.org.pk/index.php/PJP> followed by a copy of the complete manuscript with one set of original figures, and a softcopy (MS Word format) on CD. Manuscripts must not be of more than 3,000 words. Use Letter size paper (8.5×11 inch), and double-space throughout for the hard copy only. Address all submissions to **Editor, PJP, Department of Physiology, Ayub Medical College, Abbottabad-22040, Pakistan**. The corresponding author must be identified and address for correspondence with telephone number and email endorsed at the end of the script. An undertaking signed by *all* authors, (certifying originality of work and that the article has not been submitted, or will not be submitted/published elsewhere before the decision of PJP about it) must accompany the manuscript. The 'Undertaking' is available for download from [www.pps.org.pk/PJP/undertaking.pdf](http://www.pps.org.pk/PJP/undertaking.pdf). No more than 12 names will be listed under the title; other names will appear in a footnote.

**Research and publication ethics:** The authors must declare approval of the 'Research Ethics Committee' and clearly mention any 'Conflict of Interest' either in the script or as an attached document.

**Title and authors' name:** The first page of the manuscript must give the title of article that should be concise and descriptive. Also include on this page the name(s) of the author(s), qualification(s), designation, the name of department and institution from where the work is submitted. Any grant/support that requires acknowledgment should be mentioned on this page.

**Abstract:** The second page of the manuscript must contain an abstract of not more than 250 words. This abstract should consist of four paragraphs, labelled **Background, Methods, Results, and Conclusions**. They should briefly describe, respectively, the problem being addressed in the study, how was the study performed, the salient results, and what did the author(s) conclude from the results.

**Keywords:** Three to 10 key words or short phrases should be added to the bottom of the abstract page. Please use terms from the Medical Subject Headings (MeSH) of Index Medicus.

**Introduction, Materials & Methods, Results, Discussion, Conclusions, Acknowledgements and References** should all start on a separate page from page 3 onwards.

**References:** The PJP prefers the total number of references in an original article not exceeding 30, while in a review articles not exceeding 60. References must be written single-

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**Journal article:** Badar A. Launching a new journal in the era of publication accountability. *Pak J Physiol* 2005;1(1-2):1.

**Book reference:** Phillips SJ, Whisnant JP. Hypertension and stroke. In: Laragh JH, Bremier BM, (Editors). Hypertension: pathophysiology, diagnosis, and management. 2<sup>nd</sup> ed. New York: McGraw Hill; 1995. pp.465-78.

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**Case Report:** Short report of cases, clinical experience, drug trials or adverse effects may be submitted. They must not exceed 500 words, 5 bibliographic references and one table or illustration. The report must contain genuinely new information. The format is Title, Abstract, Introduction, Case Report, Discussion, and References.