

Pakistan Journal of Physiology

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Manuscripts are accepted for consideration if neither the article nor any of its contents has been or will be published or submitted elsewhere before appearing in Pakistan Journal of Physiology. Please submit an original manuscript with one set of original figures, two copies of the complete manuscript and a copy (MS Word format) on 1.44 floppy diskette. Manuscripts must be no longer than 3000 words. Use A4 size paper, and double-space throughout. Address all submissions to the Editor, Pakistan Journal of Physiology, Department of Physiology, Ayub Medical College, Abbottabad. The corresponding author must be identified. An undertaking signed by all the authors, (certifying originality of work and that the article has not been or will not be published elsewhere), must accompany the manuscript. No more than 12 names will be listed under the title; other names will appear in a footnote.

RESEARCH AND PUBLICATION ETHICS: The authors must declare approval of the 'Research Ethics Committee' and clearly mention any 'Conflict of Interest' either in the script or attached document.

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ABSTRACTS: The second page of the manuscript must contain an abstract of not more than 250 words. This abstract should consist of four paragraphs, labelled **Background, Methods, Results, and Conclusions**. They should briefly describe, respectively, the problem being addressed in the study, how the study was performed, the salient results, and what the authors conclude from the results.

KEY WORDS: Three to 10 key words or short phrases should be added to the bottom of the abstract page. Please use terms from the Medical Subject Headings of Index Medicus.

Introduction, Materials & Methods, Results, Discussion, Conclusions, Acknowledgements and References should all start on a separate page from page 3 onwards.

REFERENCES: The total number of references in an original article must not exceed 40, while in the review articles maximum limit is 100. References must be written double-spaced and numbered as they are cited. The references must be written in Vancouver style. The style for all the types of references is given in the 'Uniform requirements for manuscripts submitted to biomedical

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Journal Article: Adhi M, Hasan R, Shoaib S, Tauheed S. Age and symptomatology of menopause in Karachi, Pakistan. *Pak J Physiol* 2007;3(1):41-4.

Book Reference: Rose BD. Clinical Physiology of Acid-base and electrolyte disorders. 5th Edition. New York: McGraw-Hill Professional;2000.p.447-94.

TABLES AND ILLUSTRATIONS: Each of the tables and illustrations should be on a separate page, must have a title and be on double space. Figures should be professionally designed. Symbols, lettering, and numbering should be clear and large enough to remain legible after the figure has been reduced to fit the width of a single column. The back, of each figure should include the sequence number, the name of the author, and the proper orientation (e.g., 'top'). If photographs of patients are used, either the subjects should not be identifiable or their pictures must be accompanied by written permission to use the figure. Duplication of results given in tables into figures must be avoided.

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